

Bag Lunch Donation Ministry

About the Bag Lunch Ministry

St. Vincent de Paul Emergency Shelters serve nearly 500 bag lunches daily for guests. Your gift of bag lunches (no matter how many you can provide!) offers nourishing food for your neighbors experiencing homelessness. By providing bag lunches, you are helping to accompany shelter guests one person at a time, which is intrinsic to our mission. Thank you for your kindness!



ST. VINCENT DE PAUL

ASSISTANCE • SHELTER • HOPE

Bag Lunch Requirements

Minimum requirements to meet nutrition guidelines:

- **One whole grain meat sandwich:** 2 ounces of meat on whole grain bread without condiments. (*Condiment packets may be placed in the bag but are not required. No PB&J please.*)
- **One fruit and/or vegetable:** applesauce, individual fruit cups, carrots, celery sticks, etc. (*Please no bananas.*)
- **One snack:** crackers, pretzels, small bag chips, etc.
- **One drink:** Small bottled water or 1% milk.
- **Date:** Every bag must be dated with the date it was prepared.

Please Remember:

- This could be someone's main meal of the day, so think about putting together a meal you would like to eat.
- If you are using thinly sliced meat, please make sure you have at least two ounces.
- The bag lunches are refrigerated for a period of time so items like bananas and peanut butter/jelly are not recommended.
- Juice boxes are acceptable as a drink only if no other fruit is provided. This helps us meet sugar guidelines for children.
- An appropriate inspirational note or greeting in the bag is a nice touch but is absolutely not required.
- Please avoid preparing bagged lunches with expired or moldy items. If mold gets into one bag lunch, it can spread throughout our food supply. We cannot serve any items that have mold.

Thank you for your kindness toward your neighbors in need!

St. Vincent de Paul Bag Lunch Donation Form

Please attach one copy of this form to your donation when dropped off.

BAG LUNCH DONATION	
Name of Group:	
Name of Contact Person:	
Contact Phone Number:	
Email Address:	Date:
Total Number of Bag Lunches Prepared:	
> Please attach this label to your donation. Thank you for your donation! > Please notify us of any changes to this donation or contact person info by emailing kitchen@stvincentdayton.org.	
<i>SVdP Internal Use Only: Please deliver this sheet to the Food Services Manager.</i>	

Delivery Directions:

- Address: 1133 S Edwin C Moses
- Central Kitchen Door: W6 (at the back of the Job Center)
- Hours for drop off/deliveries: 9a.m. - 3p.m.
- FYI: New Signage is being placed outside Central Kitchen to make it easier to find.

Please contact jbrubaker@stvincentdayton.org with questions or to schedule a delivery outside of regular hours. Thank you!